

## **SUE PENNA ASSOCIATES**

# **THE PSYCHOLOGY OF WOMEN, CHILDREN AND MEN IN VIOLENT/ABUSIVE HOUSEHOLDS**

It is recommended that this course be attended by all levels of staff within your organization. It is designed to be useful to professional staff and support staff that do not have direct client contact.

Topics covered are

### **An introduction to domestic violence**

What do we mean, who is affected, where it happens.

### **Exploration of the psycho - socio model of power and control**

### **Biderman and the psychological effects on women**

### **Why women can't leave**

### **The Stockholm syndrome and its impact**

### **The affect of domestic abuse on children**

### **How children cope**

*Attachment theory, coping strategies*

### **The Psychology of perpetrators**

*How power and control is taken and maintained, a model informed by Duluth*

*The course uses a range of teaching techniques, but focuses on an experiential learning approach. Delegates will be provided with training packs that will expand on topics covered and there will be opportunity throughout the day to ask questions.*