

SUE PENNA ASSOCIATES

DOMESTIC VIOLENCE/ABUSE AWARENESS RAISING AND TRAINING

As well as the issues covered in the training briefs there are other specific issues that can be included in training depending on the target audience. Some of this work can be included in the initial awareness raising days but it is recommended that any additional specialist days should have been preceded by the initial one days general awareness raising. Most courses are designed to be useful to professional staff and support staff that do not have direct client contact.

Specialist topics covered are

Women's mental health and domestic abuse

This module explains the signs and symptoms of a range of mental health problems that women who have experienced domestic abuse may suffer from. The clinical features of Anxiety, Depression, Obsessive Compulsive Disorder, Post-traumatic Stress Disorder, Post Natal Depression, Post Puperal Psychosis, Self harm and suicide will be discussed. The module will also discuss a range of approaches taken to helping women deal with these disabling conditions.

Disability and domestic abuse/violence

This module looks at the added difficulties women who are disabled and experiencing domestic abuse experience.

All courses use a range of teaching techniques, but focus on an experiential learning approach. Delegates will be provided with training packs that will expand on topics covered and there will be opportunity throughout the day to ask questions.